

ICU ASIA PACIFIC CHEER CUP 2024

SEPTEMBER 2024

CHEERLEADING DIVISIONS

GROUP STUNT & PARTNER STUNT (14 Divisions)

1	Primary	All Girl Intermediate	4-5 athletes	8 - 12 years old
2		Coed Intermediate	4-5 athletes	8 - 12 years old
3	Youth	All Girl Intermediate	4-5 athletes	12 - 14 years old
4		Coed Intermediate	4-5 athletes	12 - 14 years old
5		All Girl Median	4-5 athletes	12 - 14 years old
6		Coed Median	4-5 athletes	12 - 14 years old
7		All Girl Advanced	4-5 athletes	12 - 14 years old
8		Coed Advanced	4-5 athletes	12 - 14 years old
9	Senior	All Girl Advanced	4-5 athletes	16 years or older
10		Coed Advanced	4-5 athletes	16 years or older
11		All Girl Elite	4-5 athletes	16 years or older
12		Coed Elite	4 athletes	16 years or older
13		All Girl Premier	4-5 athletes	16 years or older
14		Coed Premier	4 athletes	16 years or older
15		Coed Partner Stunt Elite	2 athletes	16 years or older
16		Coed Partner Stunt Premier	2 athletes	16 years or older

TEAM CHEER (17 Divisions)

1	Mini	Team Cheer Novice	16-24 athletes	5 - 8 years old
2	Primary	Team Cheer All Girl Intermediate	16-24 athletes	8 - 12 years old
3		Team Cheer Coed Intermediate	16-24 athletes	8 - 12 years old
4	Youth	Team Cheer All Girl Intermediate	16-24 athletes	12 - 14 years old
5		Team Cheer Coed Intermediate	16-24 athletes	12 - 14 years old
6		Team Cheer All Girl Median	16-24 athletes	12 - 14 years old
7		Team Cheer Coed Median	16-24 athletes	12 - 14 years old
8		Team Cheer All Girl Advanced	16-24 athletes	12 - 14 years old
9		Team Cheer Coed Advanced	16-24 athletes	12 - 14 years old
10	Junior	Team Cheer All Girl Advanced	16-24 athletes	15 - 18 years old
11		Team Cheer Coed Advanced	16-24 athletes	15 - 18 years old
12		Team Cheer All Girl Elite	16-24 athletes	15 - 18 years old
13		Team Cheer Coed Elite	16-24 athletes	15 - 18 years old
14	Senior	Team Cheer All Girl Elite	16-24 athletes	16 years or older
15		Team Cheer Coed Elite	16-24 athletes	16 years or older
16		Team Cheer All Girl Premier	16-24 athletes	16 years or older
17		Team Cheer Coed Premier	16-24 athletes	16 years or older

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CHEERLEADING DIVISIONS

DOUBLE PERFORMANCE CHEER (15 Divisions)

1	Mini	Double Freestyle Pom	2 athletes	5 - 8 years old
2		Doubles Hip Hop	2 athletes	5 - 8 years old
3		Doubles Jazz	2 athletes	5 - 8 years old
4	Primary	Double Freestyle Pom	2 athletes	8 - 12 years old
5		Doubles Hip Hop	2 athletes	8 - 12 years old
6		Doubles Jazz	2 athletes	8 - 12 years old
7	Youth	Double Freestyle Pom	2 athletes	12 - 14 years old
8		Doubles Hip Hop	2 athletes	12 - 14 years old
9		Doubles Jazz	2 athletes	12 - 14 years old
10	Junior	Double Freestyle Pom	2 athletes	15 - 18 years old
11		Doubles Hip Hop	2 athletes	15 - 18 years old
12		Doubles Jazz	2 athletes	15 - 18 years old
13	Senior	Double Freestyle Pom	2 athletes	16 years or older
14		Doubles Hip Hop	2 athletes	16 years or older
15		Doubles Jazz	2 athletes	16 years or older

TEAM PERFORMANCE CHEER (15 Divisions)

1	Mini	Team Cheer Freestyle Pom	16-24 athletes	5 - 8 years old
2		Team Cheer Hip Hop	16-24 athletes	5 - 8 years old
3		Team Cheer Jazz	16-24 athletes	5 - 8 years old
4	Primary	Team Cheer Freestyle Pom	16-24 athletes	8 - 12 years old
5		Team Cheer Hip Hop	16-24 athletes	8 - 12 years old
6		Team Cheer Jazz	16-24 athletes	8 - 12 years old
7	Youth	Team Cheer Freestyle Pom	16-24 athletes	12 - 14 years old
8		Team Cheer Hip Hop	16-24 athletes	12 - 14 years old
9		Team Cheer Jazz	16-24 athletes	12 - 14 years old
10	Junior	Team Cheer Freestyle Pom	16-24 athletes	15 - 18 years old
11		Team Cheer Hip Hop	16-24 athletes	15 - 18 years old
12		Team Cheer Jazz	16-24 athletes	15 - 18 years old
13	Senior	Team Cheer Freestyle Pom	16-24 athletes	16 years or older
14		Team Cheer Hip Hop	16-24 athletes	16 years or older
15		Team Cheer Jazz	16-24 athletes	16 years or older

AGE GRID GUIDELINES
ICU ASIAN CHEERLEADING CHAMPIONSHIP (ICU ACC) &
ICU ASIA PACIFIC CHEER CUP 2024
SEPTEMBER 2024

AGE GROUP	AGE CRITERIA	BIRTH YEARS
Mini	5 - 8 years old	2016 - 2019
Primary	8 - 12 years old	2012 - 2016
Youth	12 - 14 years old	2009 - 2012
Junior	15 - 18 years old	2005 - 2009
Senior	16 years or older	2008 or before