



JAPAN OPEN

Cheerleading Championship

2022.12.4

PERFORMANCE CHEER <Team>



DIVISION & CATEGORY :

JUDGE NO.

TEAM NO.

TEAM NAME :

TECHNICAL EXECUTION

Category Style Execution

Pom - Quality of Pom Motion Technique: placement, control, precise and strong completion of movement

10 _____

Hip Hop - Groove and quality of authentic hip hop/street style

Jazz - Continuity of movement and quality of style, extension and presence/carriage

Movement Technique Execution

Movement that has strength, intensity, placement, control, presence and commitment

10 _____

Skill Technique Execution

Ability to demonstrate appropriate level skills with correct placement, body alignment, control, extension, balance, strength and completion of movement

10 _____

GROUP EXECUTION

Synchronization / Timing with Music

Correct timing with team members and the music

10 _____

Uniformity of Movement

Movements are the same on each person: clear, clean and precise

10 _____

Spacing

Correct positioning/distance between individuals on the performance surface during the routine and transitions

10 _____

CHOREOGRAPHY

Musicality

Movement that complements the music accents, rhythm, tempo, phrasing, lyrics, style, etc. in a creative, unique and original manner

10 _____

Routine Staging/ Visual Effects

Utilization of varied formations and seamless transitions

10 _____

Visual impact of staging through group work, partner work, floor work, lifts, levels, opposition, etc.

Complexity of Movement

Level of difficulty of movement such as tempo, weight changes, directional changes, connectivity, continuity, intricacy of movement, etc. Difficulty of skills being credited in relation to correct technical execution

10 _____

OVERALL EFFECT

Communication / Projection / Audience Appeal & Appropriateness

Ability to exhibit a dynamic routine with genuine showmanship and audience appeal

10 _____

Age appropriate music, costume and choreography that enhances the performance

TOTAL 100 _____



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Cheerleading Championship



2022.12.4

PERFORMANCE CHEER <Doubles>

DIVISION & CATEGORY :

JUDGE NO.

TEAM NO.

TEAM NAME :

TECHNICAL EXECUTION

Execution of Category Specific Style

Pom - Pom motion technique; control, levels, placement, complete, precise and strong

10 _____

Hip Hop - Groove and quality of authentic hip hop/street dance style

Execution of Technical Skills and Movement Used Within Category

Kicks, leaps, jumps, turns, floor work, freezes, partner work lifts, etc.

10 _____

Execution of Overall Movement

Body alignment, placement, balance, control, completion of movement, extension and flexibility

10 _____

Execution of Quality of Movement

Strength, intensity, presence and commitment to the movement

10 _____

EXECUTION AS A PAIR

Synchronization

Timing of movement with the music

10 _____

Synchronization and uniformity of the athletes

CHOREOGRAPHY

Complexity of Movement

Level of difficulty of movement such as tempo, weight changes, directional changes, connectivity, continuity, intricacy of movement, etc.

10 _____

Difficulty of Skills

Level of difficulty of technical skills, partner work, lifts, etc.

10 _____

Musicality

Movement that complements the music accents, rhythm, tempo, phrasing, lyrics, style, etc. in a creative and original manner

10 _____

Routine Staging

Utilization of floor space, transitions, partner work, group work, levels, opposition, etc.

10 _____

Interaction of the pair while allowing for a seamless flow of the routine

OVERALL EFFECT

Communication / Projection / Audience Appeal & Appropriateness

Ability to exhibit a dynamic routine with genuine showmanship and audience appeal

10 _____

Age appropriate music, costume and choreography that enhances the performance

TOTAL 100 _____



JAPAN OPEN

Cheerleading Championship



2022.12.4

PERFORMANCE CHEER <Exhibition>

DIVISION & CATEGORY :

JUDGE NO.

TEAM NO.

TEAM NAME :

TECHNICAL EXECUTION

Category Style Execution

Pom - Quality of Pom Motion Technique: placement, control, precise and strong completion of movement

Hip Hop - Groove and quality of authentic hip hop/street style

Jazz - Continuity of movement and quality of style, extension and presence/carriage

Movement Technique Execution

Movement that has strength, intensity, placement, control, presence and commitment

Skill Technique Execution

Ability to demonstrate appropriate level skills with correct placement, body alignment, control, extension, balance, strength and completion of movement

GROUP EXECUTION

Synchronization / Timing with Music

Correct timing with team members and the music

Uniformity of Movement

Movements are the same on each person: clear, clean and precise

Spacing

Correct positioning/distance between individuals on the performance surface during the routine and transitions

CHOREOGRAPHY

Musicality

Movement that complements the music accents, rhythm, tempo, phrasing, lyrics, style, etc. in a creative, unique and original manner

Routine Staging/ Visual Effects

Utilization of varied formations and seamless transitions

Visual impact of staging through group work, partner work, floor work, lifts, levels, opposition, etc.

Complexity of Movement

Level of difficulty of movement such as tempo, weight changes, directional changes, connectivity, continuity, intricacy of movement, etc. Difficulty of skills being credited in relation to correct technical execution

OVERALL EFFECT

Communication / Projection / Audience Appeal & Appropriateness

Ability to exhibit a dynamic routine with genuine showmanship and audience appeal

Age appropriate music, costume and choreography that enhances the performance



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Cheerleading Championship
2022.12.4



PERFORMANCE CHEER <Safety&Violations>

DIVISION & CATEGORY :

TEAM NO. _____

TEAM NAME : _____

Number of Participants _____ Performance Time _____

Violation / Point Deduction	Explanation (if applicable)	Deduction
<input type="checkbox"/> Exceeded Time Limit <small>5 ~ 10 seconds (1 points)</small> <small>11 ~ seconds (3 points)</small>	_____	<input type="text"/>
<input type="checkbox"/> Tumbling Violation <small>(5 points)</small>	_____	<input type="text"/>
<input type="checkbox"/> Dance Lift Violation <small>(5 points)</small>	_____	<input type="text"/>
<input type="checkbox"/> Rules & Regulations Violation <small>(5 points)</small>	_____	<input type="text"/>
<input type="checkbox"/> Other <small>(5 points)</small>	_____	<input type="text"/>

Total Deduction _____

Number of Judges _____